

#HCDSBEarthWeek



# EARTH WEEK 2018

PAPERLESS MONDAY

TRASHLESS TUESDAY

WALK TO SCHOOL WEDNESDAY

BRING YOUR OWN WATER BOTTLE THURSDAY

LIGHTS OUT FRIDAY

# PAPERLESS MONDAY

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If every student and staff in our Board used **5 less** sheets of paper per week, we would prevent **840 trees** from being chopped down, every year.

Even if we just used recycled paper only, we would still save over **250 trees** per year.

**KEEP IT GOING!** You can **REDUCE** the amount of paper in your school by:

**Always printing and photo-copying on both sides**, and using recycled paper whenever possible.

**Setting up a GOOS (Good on One Side) paper bin in your classroom.**

Contact Steve Allum (allums@hcdsb.org) or Halton Region for peel and stick bin labels.

**Engaging and collaborating digitally** – use Desire2Learn, Office365, and other mobile apps like Remind to connect with others online.



# TRASHLESS TUESDAY

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If every student at HCDSB eliminated one wrapped item (like a granola bar) from their lunch per week, we would reduce the amount of waste we're sending to our landfill by 7,000 kg, every year.

**KEEP IT GOING!** There are many ways to do your part when it comes to the “3Rs”:

**Reduce:** Identify and eliminate one small thing from your daily waste: #HaltonWasteChallenge

**Reuse:** Sign up for a terra-cycling program ([www.terracycle.ca](http://www.terracycle.ca)) to “up-cycle” your waste and create usable new products out of items that would have normally been thrown out.

**Recycle:** Dispose of your waste properly by finding out “Which Bin it Goes In” at: [bit.ly/whichbin](http://bit.ly/whichbin)





# WALK TO SCHOOL WEDNESDAY

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If you walked to school once a week instead of getting a ride, Board-wide we would reduce the amount of CO<sub>2</sub> emitted into the atmosphere by 200 metric tonnes, every year.

**KEEP IT GOING!** REDUCE your school's carbon emissions and footprint:

**Support active & healthy living** – Participate in *Spring into Spring!* Register your school for the iwalk-iwheel club at: [www.saferoutestoschool.ca](http://www.saferoutestoschool.ca) to track how much you walk – for a chance to win prizes!

Get ready for **Bike to School Week 2018** in May and June. Sign up at: [www.bikemonth.ca](http://www.bikemonth.ca)

**Plant a native tree at your school.** Trees can be obtained by contacting:

- » Burlingtongreen & Oakvillegreen
- » Conservation Halton
- » Tree Canada





# BRING YOUR OWN WATER BOTTLE THURSDAY

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If every student at your school filled up a sports bottle once a day, instead of purchasing a plastic water bottle, after one year the energy savings would power your entire school for about 4 days.

**KEEP IT GOING!** To **REDUCE** the amount of water bottles being sent to our landfills:

Set a new school goal - have **water bottle-free days**, or even go entirely water bottle-free throughout the school, 365 days a year.

Sell **reusable** sports bottles.

Install additional **water bottle filling stations** in the school! If you're thinking of fundraising, get creative and use your new bottle filling station: the "Green Ticker" bottle counter on the front can help set fundraising goals.





# LIGHTS OUT FRIDAY

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If once a week, all schools across HCDSB shut off the lights for one hour, we would save enough electricity to power about 11 homes, every year.



**KEEP IT GOING!** If you want to be part of **REDUCING ENERGY** in your community:

Have a **Lights out Lunch (LOL)!** Share with your friends on social media using *#LightsOutFriday*.

Participate in **Energy Conservation** efforts throughout the year, such as Earth Hour and National Sweater Day.

**Even the smallest actions can help:** for example, shut off the sink tap while brushing your teeth.

Your school's **Energy Dashboard TV** has some additional hints and tips!

# HOW TO PARTICIPATE IN EARTH WEEK 2018



## PAPERLESS MONDAY

Use your white board, smartboard and/or tablets if you have them, and set a no paper goal in your classroom for the day.

## TRASHLESS TUESDAY

Pack your lunch using Tupperware and recyclable-only packaging so that nothing will end up in the garbage.

## WALK TO SCHOOL WEDNESDAY OR UNPLUGGED WEDNESDAY

Plan to leave your house a little early and walk to school **OR** limit your electronic device use for entertainment during the day. Power off TVs, computers and video game consoles.

## BRING YOUR OWN WATER BOTTLE THURSDAY

Avoid plastic water bottles! Pack a refillable sports bottle from home.

## LIGHTS OUT FRIDAY

Shut off the lights in your classroom during lunchtime **OR** keep only one row of lights on in your classroom for the day.



Please consider the environment before printing this document.  
Thank you.