## What qualifies as bullying behavior?

QUALIFIERS	CONFLICT	RUDE	MEAN	BULLYING
Frequency	Occasional	Occasional	Once or Twice	Frequent; repeated
Intent	Not planned; in the heat of the moment	Spontaneous; unintentional	Intentional	Planned; intentional
Who is hurt?	All parties are upset	Can cause hurt feelings; upset	Can hurt others deeply	The target of the bullying is upset
Cause	All parties want to work things out	Based in thoughtlessness, poor manners or narcissism	Based in anger; impulsive cruelty	The bully is trying to gain control over the target
Taking Responsibility	All parties will accept responsibility	Rude person accepts responsibility	Behavior is often regretted	The bully blames the target
Who wants resolution?	An effort is made by all parties to resolve the problem			The target wants to stop the bully's behavior, but the bully does not
Resolution	Can be resolved through mediation	Building social skills could be of benefit	Needs to be addressed; should NOT be ignored	CANNOT be resolved through mediation

Source: Jennifer Astles, DASA Newsletter, January 2014, TST BOCES