



2023 SUMMER SPORTS CAMP

LOCATION: NOTRE DAME GYMNASIUM

Register for the Annual Notre Dame Summer Sports Camp. Children ages 6-14 whom have completed the minimum of grade 1 will learn the basic principles and play a variety of sports and activities including Basketball, Floor Hockey, Volleyball, Tchoukball, Soccer, Flag Football, Ping Pong, Pickle Ball, Badminton, Baseball, Cricket, Ultimate Frisbee, Touch Rugby, Touch Gaelic Football, Touch Aussie rules Football, Bocce Ball, Crocket, Washer Toss, Capture the Flag, and much more. They will learn individual fundamentals required to play the games and campers will be given the opportunity to work on their skills in non-competitive drills and games. Most importantly, students will develop positive mental health and greater levels of self-esteem.

DATES:

Session 1: July 4- July 7

Session 2: July 10 -July 14

Session 3: July 17 – 21

All sessions are from 9am - 3pm

INSTRUCTORS:

Notre Dame Health and Physical Education Teachers, Coaches and Student Athletes.

REGISTRATION:

Complete the registration form and include a cheque for the appropriate amount payable to NOTRE DAME CATHOLIC SECONDARY SCHOOL or pay online at <https://hcdsb.schoolcashonline.com/>.

Return the completed registration form and cheque or Receipt from School Cash online to the main office at NOTRE DAME or by mail to:

Notre Dame Catholic Secondary School

ATTN: Summer Sports Camp

**2333 Headon Forest Dr,
Burlington ON, L7M3X6**

FEES:

First Week (4 days \$190) \$220- Week 2 or 3 \$410 – 2 Weeks combined \$590 – All 3 Weeks

All participants will be contacted by phone or email to confirm registration and camp status by June 29th.

If you have any questions, please contact Mr. Ferguson: Fergusonpa@hcdsb.org