

The Kidssentials menu for February to April is now available online for you to order hot and nutritious lunches for your children.

Kidssentials has just added more delicious entrees to the menu including Butter Chicken, Chicken Teriyaki, Chana Masala, Pineapple Curried Meatballs and if you like you can order a side of soft Naan bread.

Kidssentials serves fresh food – not fast food. Winter is here and it is great to have a hot meal on a cold day!

Ordering is easy, go to [www.kidssentials.com](http://www.kidssentials.com) to either log in or register for an account. For more information visit the website, and if you have any questions you may always call Kidssentials directly at 905.855.1914.