

November 19, 2020

Re: COVID-19 Exposure Risk at St. Mary Catholic Elementary School

Dear Karen Doobie:

This letter is to inform you that Halton Region Public Health completed an investigation about an individual who tested positive for COVID-19 who was present at **St. Mary Catholic Elementary School - 2175 Colonel William Parkway Oakville, Ontario, L6M 0B7** during their period of communicability (i.e., the period of time when the ill individual can spread their infection to others). Please know that Public Health notified all close contacts with appropriate directions.

Upon hearing about a case at your school, many families and staff may wonder what they can do to protect themselves and others. We recommend continuing to follow policies and procedures to reduce the spread of COVID-19. This includes:

- 1) [Screening](#) children and staff daily. Follow the instructions provided based on your results.
- 2) Monitor children and staff at school. If a child or staff member develops [COVID-19 symptoms](#), ensure they [self-isolate](#) immediately.

COVID-19 is spread from person to person by coughing or sneezing or by touching contaminated surfaces or objects and then touching the eyes, nose or mouth.

Follow these tips at home:

- ✓ Only have close contact with people in your household.
- ✓ Stay at least two metres (six feet) away from those outside your household.
- ✓ Wash your hands often with soap and water or hand sanitizer.
- ✓ Sneeze or cough into your elbow or a tissue.
- ✓ Wash your hands before you touch your eyes, nose or mouth.
- ✓ Clean and disinfect items and high touch surfaces often.
- ✓ Wear a mask when physical distancing is a challenge.
- ✓ Get plenty of sleep, physical activity and eat nutritious foods to support your immune system.
- ✓ Get your flu shot every year (children and adults).
- ✓ Download the COVID Alert app to be anonymously notified if exposed to someone who has tested positive for COVID-19 in the last 14 days

For more information, visit [halton.ca/COVID19 School Information](https://halton.ca/COVID19_School_Information) or call 311.

Sincerely,

Halton Region Public Health

Regional Municipality of Halton

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