



# ST. LUKE SCHOOL

MARCH 2017

Principal: Mrs. E. Bakaic  
Secretary: Mrs. K. Rosati

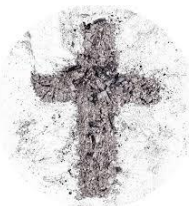
Parish: St. Andrew Church

Phone: (905) 829-1700  
Website: <http://schools.hcdsb.org/luke>



**SAFE ARRIVAL PROGRAM:** A reminder to call in your child's absence or late arrival to (905) 829-1700. Our answering machine is operational 24 hours a day. Messages will be retrieved between the hours of 8:00 a.m. and 4:00 p.m. Provincial protocols require that schools exhaust all emergency contacts prior to calling the police in the event of a child who is unaccounted for. Please ensure that your information is accurate.

## PRINCIPAL'S MESSAGE



During the month of March we continue our devotions of prayer, fasting, and almsgiving in this Holy season of Lent in preparation for Easter. Our Ash Wednesday liturgy on March 1<sup>st</sup> with Fr. Con will mark the beginning of Lent, a time when we are asked to repent or "turn away" from sin and to come to know God more fully through his Son, Jesus Christ. Coming to know our God more intimately through our relationship with Jesus Christ and the people around us is the work of our lives. That work began at our Baptism when we went down into the waters with Christ and rose to new life with him. Students are encouraged to renew their baptismal promises and their relationship with Jesus through acts of piety. Students will spend time in daily prayer and reflection, in giving up something that distracts them from knowing God, and by giving alms, which can mean time, money, or possessions to help people in need. Will giving up candy or chocolate for six weeks help us to love God more? Will putting aside a few coins help us to see and love Christ in others less fortunate than ourselves? Everything depends on the attitude in our hearts. God only wants us to change the things we do if it will make our hearts, souls, and minds overflow with love for him and for our neighbours.

Yours in Catholic Education,

Mrs. E. Bakaic  
Principal

## SHROVE TUESDAY

Students at St. Luke enjoyed pancakes, syrup and juice on February 28<sup>th</sup> in celebration of Shrove Tuesday. We extend our sincerest thanks to our parent volunteers who came in to prepare and distribute more than 500 pancakes! A big THANK YOU to **Mrs. Forte, Mrs. Hunter, Mrs. Pereira, Mrs. Ferreira, Mrs. Pires, Mrs. Cormier, Mrs. McDougald, Mrs. Dilawri and Mrs. Kennedy.** We would not be able to carry on this very special tradition without you!



## NOT RETURNING TO ST. LUKE?

Please let the office know as soon as possible if you are moving and/or if your child won't be returning to St. Luke in September 2017. We are busily planning for next year's class sizes and this information is **very helpful in the planning process.**

## FEBRUARY SHINING STAR RECIPIENTS



Shining Stars are awarded to students who demonstrate a positive attitude, good effort and respectful behaviour. The staff of St. Luke are extremely proud of all of our students who won Shining Star awards this month.

## Congratulations to the following raffle draw winners:

February	Name	Rm #
Movie Pass	<b>Genevieve D.</b>	Rm. 7
Art Supplies	<b>Shania J.</b>	Rm.12
Sports Ball	<b>Ian K.</b>	Rm.17
Subway Gift Card	<b>Matea W.</b>	Rm.12
Chapters Gift Card	<b>Sienna C.</b>	Rm.3

## PUBLIC SPEAKING COMPETITION



The past few weeks at St. Luke have been busy for our junior and intermediate students. Under the guidance of their teachers they have been researching and preparing speeches on a variety of topics interesting to them, some of which include, prominent figures in history, famous athletes, artists, and moral teachings. On **March 3 at 9:00 a.m.**, one student will represent his/her grade at the annual St. Luke Public Speaking Contest, in hopes of making it through to the Halton Catholic District School Board's Regional Competition later this month.

The students who have been chosen to represent their grade in Friday's competition are:

**Tristan C., Matea W., Holly K., Mattea G., Genevieve D. and Alesandra I.**

Please feel free to stop by and give your support to the students competing. Good luck! A special thank you is extended to Mr. D'Elia and Miss Kwiatkoski for organizing this event.

## MORNING DROP OFF & SUPERVISION

Parents, we need your cooperation to ensure the safety of our students - your children - at St. Luke School. Once again, we ask that you *please* observe our safe driving and parking procedures (rain, snow or shine) in the school parking lot and driveways. Cars are not permitted to park or be left running in the Fire Lane in front of the school. **This is a drop-off zone only.** If you must stop your car to help your children out or to take backpacks from the trunk, you should be doing so from parking space, not stopping in front of the school. We ask you to please adhere to these procedures for the safety of all children and the mutual respect of your fellow parents.

Please note that playground and/or indoor (in the case of inclement weather) supervision does not begin until 8:10 a.m. No students should be dropped off at school prior to this time. The morning bell sounds at 8:25 a.m. and students are brought into the school at that time. School begins at 8:30 a.m. and students arriving after this time must wait in the foyer until morning announcements are finished to receive a late slip from the office. We thank you for supporting your child(ren)'s punctuality.

## ST. LUKE ECO CLUB



Thank you to everyone who walked to school on February 1<sup>st</sup>. We had a very successful Winter Walk to School day. Half of the student population walked to school! Although it was a very cold and blustery day, it was a great feeling knowing we walked to save the earth. Everyone who walked to school received a hat as a thank you from [saferoutestoschool.ca](http://saferoutestoschool.ca). Another warm thank you to the St. Luke students who participated in National Sweater Day. Everyone looked toasty warm in their sweaters! We were included in the World Wildlife Fund count of schools and businesses who participated in their annual campaign, presented by Loblaw

Companies Limited, which asks Canadians to turn down their heat and turn up their sweaters in the name of energy conservation.

We have started a new campaign with the help of Terra Cycle. TerraCycle offers free recycling programs funded by brands, manufacturers, and retailers around the world to help you collect and recycle your hard-to-recycle waste. TerraCycle® and GoGo squeeZ™ have partnered to create a free recycling program for plastic snack pouches and caps. Visit [www.terracycle.ca/en-CA/brigades/snack-pouch-brigade](http://www.terracycle.ca/en-CA/brigades/snack-pouch-brigade) to see the acceptable items for recycling. Once collected, the snack pouches are cleaned and melted into hard plastic that can be remolded to make new recycled products. What a tasty way to recycle packaging.

## FINAL PIZZA & MILK ORDERS NOW AVAILABLE FOR PURCHASE ONLINE



Session # 3 (Final Session) of our Milk and Pizza programs is now available for purchase online. This session will run from April 3<sup>rd</sup> through June 23<sup>rd</sup>. **There will be no milk or pizza program during the last week of school.** As always, the purchase of these programs is completely optional. **All orders must be submitted online by midnight Monday, March 20<sup>th</sup>.** *Parents, we appreciate your understanding that St. Luke cannot accept late lunch/milk orders. As has been our practice, we commit to providing you with ample notice and time to place your orders and will send at least one reminder email that an item is still available for purchase if you should wish to do so.* Thank you for your support in helping us keep these programs running smoothly.

## SCHOOL COUNCIL UPDATE

Our next School Council meeting will be held on **Monday, March 6<sup>th</sup>** at 7:00 p.m. in the library. Remember to check the school website for School Council information and for council meetings and minutes. All are

welcome to attend Council Meetings.

## S.E.A.C. SOUNDBYTES

*Raising awareness of the Special Education process at HCDSB*



As parents, we always worry about how our children with special needs will be supported when we are not with them, and school is no different.

When our exceptional children enter the school system, we want to ensure that they have the best resources and tools available to help them maximize their learning opportunities and educational experience. The HCDSB places great emphasis on supporting all students, and this includes a dedicated focus on students with special needs. Students benefit from a team of educators focused on special education, including Special Education Resource Teachers, Special Education Consultants, Itinerant teachers, psychologists and social workers, speech pathologists, audiologists, educational assistants and many more professionals in addition to their classroom teacher. For those students who require it, specialized equipment and technology is made available. Examples may include FM Systems, computer hardware and software, seating systems, and writing aids. In cases where required, specialized transportation is also provided.

In the same way that some children require special resources and support, some children benefit from specialized learning environments, and as such there are different placements that are available for educators and families to consider, that best meet the needs of the student. There are options that range from placements where students remain in a regular classroom with supports or withdrawal assistance to Special Education classrooms with full time or part time integration.

In order to determine what support resources or classroom placements would best benefit their child, meetings are scheduled with the school team and the student's parents or guardians to discuss and evaluate the needs of the student.



Parental input in this process is vital and the more information that can be shared with the school team, the better, so that they may be able to properly assess which resources would best meet the needs of the student. Once it has been decided what that student will require, a referral is sent in to request the applicable resources. In some cases, the local CCAC (Community Care Access Centres) will also be included in the discussion because they coordinate in school support for special education students in the areas of Physical and Occupational Therapy, and in some cases additional Speech and Language Therapy.

### GRADE 8 GRADUATION COMMITTEE VOLUNTEERS NEEDED

Parents, guardians, family members of all grades and high school students requiring volunteer hours are invited to be part of the Graduation Committee. Assistance is needed in the following areas:

- Planning and organizing
- Decorating the gym
- Taking down of decorations in the gym the day after graduation
- Graduation Reception–  
The reception is normally hosted by parents of students in grade 7, with the assistance of the grade 7 students. One or two parents are required to organize and coordinate this event. Time commitment: a few hours prior to Graduation Day and 3-4 hours the afternoon/evening of Graduation.

If you are interested in volunteering and have a Criminal Reference Check on file at the office (not required for high school volunteers), please contact Mrs. Bakaic.

### A MESSAGE FROM OUR SAFE SCHOOL TEAM

#### Zones of Regulation

The Zones of Regulation is a cognitive behavior approach using colours to categorize the different states of emotions that we feel. The Zones of Regulation identify the emotional state of an individual in each particular Zone and through classroom discussions; students have identified the necessary tools to be successful in each Zone.

For more information on our Safe and Accepting Schools Action Plan, visit our school website at <http://schools.hcdsb.org/luke>



The <b>ZONES</b> of Regulation®			
<b>BLUE ZONE</b>	<b>GREEN ZONE</b>	<b>YELLOW ZONE</b>	<b>RED ZONE</b>
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Yelling/Hitting Elated Out of Control

