

# Red Cross Babysitting Course (with first aid & CPR) Offered by Stayin Alive With First Aid, CPR & AED

Caregiver and first aid skills for youth 11 to 15 years old. Participants learn how to manage difficult behaviour, gain essential leadership skills, and discover professional conduct for babysitters. Babysitting promises to deepen and enhance the responsibility that older youth feel when caring for younger children. The curriculum is complete with new science about giving appropriate care in the event of an emergency.

Date:	Friday, February 16, 2018 (P.A. Day)
Duration:	9 a.m. to 4 p.m. (7 hours)
Location:	École Forest Trail PS, 1406 Pine Glen Road, Oakville
Instructor:	Stayin Alive Certified Red Cross Instructor
Cost:	\$60 per participant (11 to 15 years old) + HST = <b>\$67.80</b>

#### **Course content:**

- Check, Call, Care (including phoning 911)
- Conscious choking (adult/child/baby/alone)
- CPR (baby/child)
- Asthma (includes use of inhaler and spacer)
- Anaphylaxis (includes use of EpiPen), poisoning and insect stings
- Wound care (minor cuts and scrapes, splinters, nosebleeds, bumps and bruises, life-threatening bleeding, and burns)
- Broken bones, head, neck and back injuries, seizures

#### Take-home materials:

Red Cross Babysitter's Manual Red Cross Babysitter Certificate

## **Register today!**

www.StayinAliveWithFirstAid.ca

### **Questions?**

info@StayinAliveWithFirstAid.ca

