

Catholic School Parent Advisory Council
Wednesday, January 16, 2019

Attendees: Karen Biso, Kelly Williams, Carla Puglia-Ribeiro, Marijana Shannon, Kelly Lindsay, Paula Pimpinella, Ian McLain, Jennifer DeFrenza, Alessandra Guest, Rachel Raymond

Regrets: Brenda Agnew, J. Cyr

Administrator's Report

Achieving: Curriculum

- Kindergarten registrations begin on January 22nd & 23rd at the main office from 8 a.m.- 5p.m.
- PA Day Friday, February 1st - Report Card Writing day for staff
- Teachers gathering data to soon begin writing Term 1 report Cards Reports are due to go home on February 20th
- PA Day February 15th - staff PD on Equity & Inclusion to be led by staff
- High School Transition meetings are beginning the end of January to support students
- Gr. 4, 5, 6 are due to attend the Burlington Centre of the Arts Trip the end of the month on January 31st
- Some Intermediate students will be attending the Model UN on February 27th
- SPTL Meetings to organize Divisional meetings for Staff professional development and SIP planning
- English & French Speech Competition planning is underway with staff- students will participate in this oral language activity in the month of February- school based competitions must be done by February 22nd
- Doing a school wide IT inventory to organize what tech we have to determine the needs of the school
- Plans to purchase tech and resources for the Library Learning commons in support of 21st learning and inquiry skills and in support of our STEM Club and developing a makerspace.

Believing: Catholicity

- We continue with daily prayers on the announcements- led each week by a different class
- Introducing Honouring the Land on Wednesdays; classroom posters distributed to recite
- St. Elizabeth Seton Feast day was on January 4th- the Patron Saint Assembly on January 10th the first week back. The focus was on the virtue of St. Elizabeth Seton- kindness, charity, service and temperance
- Grade 7 Confirmation Retreat on Monday, January 14th at St. Paul the Apostle Church

- Confirmation rehearsal Thursday, February 7th, with the Sacrament of Confirmation on Saturday, February 9th @ 10 a.m.
- Priest visits: Fr. Philippe on January 30th; Fr. Ed on February 27th
- Ash Wednesday Liturgy March 6th
- School Sacrament of Reconciliation on March 27th

Belonging: Community & School Culture

- Admin & staff spending time having 1:1 “coffee chats” to get to know each other, needs of the school, and discuss learning goals and how we can support professional development
- Safe School Code of Conduct Assemblies- Gr. 5-8 on Tuesday, January 8th, Gr. 1-4 the Wednesday, January 9th, the first week back to review rules and expectations
- Lock Down Drill performed favourably on Friday, January 11th
- Many new clubs, intramurals & activities starting: Games Club Gr. 1-4, STEM Club Gr. 1-3, Choir, requests to start Arts & Dance Clubs by Gr. 6 students; the Battle of the Books Clubs are starting for Junior & Intermediate students,
- Sports teams- Ball Hockey Tournament placed second: Ice Hockey Team- Division A Champions; Basketball tryouts under way for boys & girls
- Wellness: CYC doing lessons on managing stress in Various classrooms
- CYC Planning start of new program to introduce “Zones of Regulation”- teaching kids’ self awareness around their emotions and teaching strategies to manage them & get to “green zone” to self-regulate
- Safe School Action Team (SSAT)- Creation of a committee including student voice, staff and community partners around keeping students feeling safe and welcomed at school (TBD in coming month)
- Spirit Day this Friday- dress Comfy Cozy (non-uniform day)
- Student Ambassadors- helping to lead assemblies, announcements about spirit days, managing stress, healthy eating, etc.
- Gr. 7 Menactra Immunizations scheduled for next month on February 25th
- Family Day weekend: Monday, February 11th,
- Civvies Spirit Day on February 14th- community encouraged to wear Red & White
- March Break: Monday, March 11th - Friday March 15th

Spirit Wear

- Karen presented samples to the council of Seton spirit wear
- All purchases will be made online, through Pegasus
- Pegasus will give a 10% return to the school on total of sales
- Option to personalize the shirt with the name on the back of the shirt (first, last, nickname etc.)
- No sample shirts available but sizing information will be online

- Spirit wear can be worn in place of other civvies day wear and one other day per month (suggestion – the first day of every month)
- Action Items:
 - Alessandra to write a letter on behalf of parent council regarding purpose of Spirit Wear and other details
 - Karen to contact Vera to see if they can accommodate an end of January order date
 - Karen to add Spirit Wear days to the school calendar

Pizza Update

- A lot of positive feedback regarding new pizza from Panago
- Action Items:
 - Karen to contact Iman regarding adding grade and room number to the pizza boxes to make it easier for student runners to hand out
 - Karen to provide volunteer names for pizza helpers to Marijana
 - Marijana to reach out to these volunteers to replenish pizza day volunteers

Pancake Tuesday – March 5, 2019.

- Kristy will be heading this event
- Items needed – plastic cutlery, plastic tablecloths
- Action Items:
 - Marijana, Kristy and Karen to meet to decide on what items are still needed and who will be making the purchases

Safe Schools Planning-Zones of Regulation

- Jennifer brought forth that many parents were upset by the amount of bullying occurring at Seton (brought to Jennifer’s attention by parents in December 2018)
- Sarah Westbrook – author, singer who presents info to students (all ages) on empowering themselves
- Cost would be \$695 (75 minutes) for 4-8 and \$250 (50 minutes) for K-3
- Zones of Regulation – range of emotions that students can identify with to help regulate their feelings/emotions (not punitive in nature)
- Can be done as a whole school and/or with CYC involvement
- Approval for roll out of Zones of Regulation – Alessandra Guest & Jennifer DeFrenza
- Suggestion to have Sarah Westbrook in next November for Bullying Awareness Week

Anaphylaxis Protocol

- Communication put out to parents regarding limiting amount of food brought into the school
- Memo to administrators put forth about McDonald’s not being guaranteed peanut-free
- 21 students with anaphylaxis at the school
- This policy is not new, it is just a reminder
- Action Items:

- Kelly to send out a “healthy eating” reminder to parents in Friday’s communication to parents
- Jennifer to add a “healthy eating tidbit” in parent council corner on school newsletter (send to Kelly)

Christmas Movie Night Recap

- Pizza sales were very successful
- Made a little bit of money
- Suggestion for movie night in the spring (possible to show Inside Out to go along with Zones of Regulation)
- Action Items:
 - Paula & Marijana will discuss with Karen regarding a potential date for spring movie night

Year End BBQ

- BBQ date will be June 6th
- Still want to include a photo booth, face painters
- Uniform drop-off (but no exchange unless there are lots of items remaining)
- Action Items:
 - Karen to book DJ
 - Alessandra to book food trucks (3)

Year End Social

- June 13th, 2019

Next Meeting:

- April 10th, 2019.

Adjournment: 8:15 p.m.