## digital intelligence









## Listen ~ Understand ~ Connect

For many parents Social Media is a foreign world. And it shouldn't be.

Join us to explore the world of Snapchat, Twitter, Instagram, Facebook and more. And leave inspired, skilled and confident to support your family's journey through Social Media.

Our kids are already engaged in this space. We need to be engaged, too.

- Mental Health; Stress & Anxiety
- How Students are Evaluated, Online
- Building a Sustainable Reputation
- Daily Habits; Important vs. Urgent
- > Achieve Balance; less screen time
- > Increase Online Confidence & Skill

## Chris Vollum

International workshops

Presented to more than 600,000 students throughout Canada and the United States



Recognized educator on

Twitter, Instagram, Snapchat, Facebook, YouTube

Date: May 8th, 2019 Time: 6pm

**Location**: St. Nicholas Elementary School

RSVP: Mr. Cacciola; Principal; cacciolaa@hcdsb.org. \* 905-827-4231