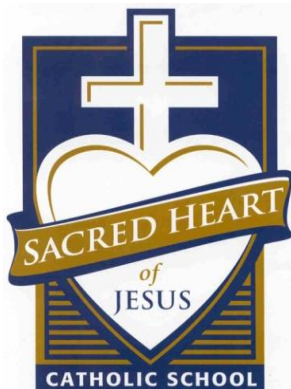


Principal: Mrs. M. Pasceri  
Vice-Principal: Mr. C. Tilley

Secretaries: Mrs. C. French  
Mrs. G. Van Hooydonk  
Board Trustee: Ms. J. Michael

Website:  
<http://schools.hcdsb.org/shoj>

Twitter Account:   
@SHOJ HCDSB



*"Anchored In  
Faith and  
Excellence"*

**November 2016**

**SAFE ARRIVAL PROGRAM:** Please phone in your child's absence (905) 331-4656.  
Our answering service is 24 hours a day. Messages are picked up regularly (8:15 a.m. - 4:00 p.m.)



*Let there be peace on earth and  
let it begin with me...*

As we enter into the month of November and particularly on All Saints, All Souls and Remembrance Day, let us keep in mind all those who we know that have died. May God forever give them rest and may we continue to live our lives through our good words and actions. As we continue to grow as a Faith community, let us pray for one another that God may give us strength to be Peace Keepers and role models for our children.

## REMEMBRANCE DAY SERVICE

Sacred Heart of Jesus School extends an invitation to parents and friends to join us in recognizing this special day. Our Remembrance Day Service will take place on **Friday, November 11<sup>th</sup> beginning at 10:45 a.m.** in the gymnasium. Parents are welcome to join us for this peaceful ceremony. Poppies will be available and the children are encouraged to make a small donation to the Royal Canadian Legion. Students are invited to wear their uniforms of service (i.e. Brownies, Girl Guides, Air Cadets, Boy Scouts, Cubs, Beavers etc.) or wear colours of red and white to show our support for those we remember and honour.

## PROGRESS REPORTS AND PARENT-TEACHER INTERVIEWS FOR GRADES 1 to 8

On **Tuesday, November 22<sup>nd</sup>**, Progress Reports will be going home. Parent-Teacher Interviews will take place on **Thursday, November 24<sup>th</sup> (4:15pm – 8:50 pm)** and **Friday, Nov. 25<sup>th</sup> (8:30am – 1:30pm)** for Grades 1-8. Interview Request forms were sent home the week of October 31<sup>st</sup> and must be returned by **Monday, November 7<sup>th</sup>**. Confirmation of interview times will be sent home **Wednesday, November 16<sup>th</sup>**. JK and SK parents will have observation times scheduled during the week of November 14<sup>th</sup> and Nov. 21<sup>st</sup>. More information will be sent home shortly.

If you are not able to attend during the scheduled interviews, please contact your child's classroom teacher to schedule a mutually convenient time.

## ST. PAUL THE APOSTLE CHURCH NEWS AND INFORMATION

November is our month of Remembrance. We begin the month with All Saints Day Nov. 1<sup>st</sup> followed by All Souls Day Nov. 2<sup>nd</sup>. Please see the parish website for masses scheduled over these days.



During this month we take the time to remember those who have died, and offer our prayers that God has welcomed them to everlasting life. The parish sets out a *Book of Remembrance* in the narthex and encourages parishioners to write down the name(s) of loved ones lost, so we as a community may remember them in our prayers throughout the month.

Our Grade 2 students will be receiving the sacrament of First Reconciliation on **Thursday, Dec. 1<sup>st</sup> at 6:30pm**. We ask our community to keep these students in your prayers during this time.

The Catholic Women's League invites you to their annual Christmas Bazaar on **Saturday, November 12<sup>th</sup> from 9am - 3pm**. Vendors will also be available following the morning masses *November 13<sup>th</sup>* which is also our November *Coffee Sunday* date. There will be a variety of vendors offering gift items for sale, as well as a bake sale, penny sale, lunchroom, silent auction and tearoom and free face painting. Have your picture taken with Santa (11am-1pm) and enjoy a live performance of steel drums playing Christmas music (12-1pm).

The St. Vincent de Paul Angel Tree will be put up mid month and we encourage you to support this very worthy cause by taking an Angel from the tree. These Angel gifts go to those in our community who need assistance at Christmas including children, families, the elderly, and shut-ins.

Further information about these and other events is available through the parish bulletin and website, [www.stpaultheapostleburlington.com](http://www.stpaultheapostleburlington.com)

**PICTURE RETAKE DAY – Tuesday, November 1<sup>st</sup> (AM Only).** Students who were absent on Picture Day may also have their pictures taken at this time.

**CATHOLIC SCHOOL COUNCIL MEETING – Tuesday, Nov. 15<sup>th</sup> @ 6:30pm** in the Library. All are welcome to join us.

**P.A. DAY COMING UP - Friday, Nov. 25<sup>th</sup>** is a Professional Activity Day for Parent-Teacher Interviews. There is no school for students.

**GR.2 FIRST RECONCILIATION – On Thursday, Dec. 1<sup>st</sup> at 6:30 p.m.,** our grade 2 students receive their First Reconciliation at St. Paul the Apostle Church.

## GRADE 8 PARENT INFORMATION NIGHT



Parents who have children currently in Grade 8 at Sacred Heart of Jesus School are encouraged to attend a Parent Information Night at Corpus Christi Secondary School.

This is an excellent opportunity for parents and students to hear about the Grade 9 school curriculum, and extra-curricular activities. Please note the following dates:

Corpus Christi Secondary School Information Night:  
**Thursday, November 10<sup>th</sup> 7pm – 9pm**  
5150 Upper Middle Road, Burlington

## CARE TO SHARE YOUR HALLOWEEN CANDY?



Just like the tradition of pumpkins and costumes, we will be asking children to donate their Halloween candy surplus after sorting through their loot bags. All donations of candy can be brought to the front hallway after announcements in the morning of **Nov. 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>.**

These items will be boxed and whisked off to Canadian Food for Children to be sent as treats for children in other parts of the world. Please encourage your children to realize that by doing such a small, simple gesture of giving their candy, it makes a difference in the

lives of others in our global community. Kindly remember that we are a nut free environment. Donations will be accepted until **12:00pm on Thursday November 3<sup>rd</sup>.**

## LEST WE FORGET – REMEMBRANCE DAY Friday, NOVEMBER 11<sup>TH</sup>



On Remembrance Day, we pay tribute to the service and sacrifice of the men and women who in defense of our freedom have bravely worn the uniform of Canada.

From the fields and forests of war-torn Europe to the jungles of Southeast Asia, from the deserts of the Gulf War to the mountains of Afghanistan, brave patriots have protected our Nation's ideals, rescued millions from tyranny, and helped spread freedom around the globe. Canada's veterans answered the call when asked to protect our Nation and our world from some of the most brutal and ruthless tyrants, terrorists, and militaries the world has ever known. They stood tall in the face of grave danger and enabled our Nation to become a great force for freedom in human history. Members of the Army, Navy, Air Force, and Coast Guard have answered a high calling to serve.



Our country is forever indebted to our veterans for their quiet courage and exemplary service. We also remember and honour those who laid down their lives in freedom's defense. These brave men and women made the ultimate sacrifice for our benefit. On Remembrance Day, we remember these heroes for their valor, their loyalty, and their dedication. Their selfless sacrifices continue to inspire us today as we work to advance peace and extend freedom around the world.

## DANCE-A-THON FUNDRAISER

A **Big Thank You** goes out to our Catholic School Council who planned, organized and ran the Dance-a-thon on **Thursday, October 27<sup>th</sup>.** The students and parents had a great time dancing with the glow in the dark accessories. Special shout out and thank you to Mrs. Barreto and her team of volunteers who have worked so hard to make this day so much fun! We were able to raise approximately \$10,000.00!! The allocation of the funds will be discussed at our next Catholic School Council meeting held on November 15<sup>th</sup> @ 6:30pm. We truly appreciate your dedication to our students. This fabulous event could not have happened without you!



## LOST AND FOUND



Parents are reminded to please clearly label all uniform clothing items with your child's name on it. This should help alleviate the amount of items in our lost and found area.

## BULLYING AWARENESS WEEK NOVEMBER 21<sup>st</sup>– 25<sup>th</sup>

**“Love one another as I have loved you” (John 15:12)**

Bullying Awareness Week is November 21-25. We as a school are working toward making good choices every time with the words we choose and the actions we put forth to others. This is not always easy to do at times. To help you at home, look at some of the wording we are using at school.

- Be kind every time!
- Make the right choice the first time.
- Be positive with your words and actions.
- Do unto others as you want them to do unto you.
- Be a friend. It is so much better that way.
- Seek respect, not attention as it lasts longer.

Every positive choice we make will create a positive school environment where bullying cannot flourish, only be eliminated. It takes every single one of us to make the difference in the culture of our school that we all want to see.

## SCHOOL CASH ONLINE

We currently have 89% of our SHOJ families using the online cashless system. Our goal is to get over 90% by Christmas! Please visit the website at <https://hcdsb.schoolcashionline.com/> and register for school cash online. By signing up you will help alleviate the amount of cash and cheques brought into the school. You can use your credit card or e-cheques to pay for your children's hot lunches, field trips, and other school expenses. Thank you for your support in this important endeavor!

## PARKING LOT

**“In everything do to others as you would have them do to you; for this is the law and the prophets.”**

**Matthew 7.12**



As at most schools the volume of cars in the front parking lot is always a concern in regards to the safety of our students. To ensure safety over convenience, the following will be enforced:

There will be absolutely no vehicles permitted to park and/or let students off along the driveway area in front of the school. **If you wish to drop off your child without having to get out of your vehicle, please use the KISS “N” RIDE area on the west side (big parking lot) of the building.** We ask that you be cautious as you drive into this lot especially by the walkway areas as there are students who make their way to school through this area.

Please make sure that if another caregiver, other than

yourself, drives your child to school that they are informed of these procedures. We ask you to consider the safety of your child and every other student at the school and please use the appropriate parking areas. Thank you for your cooperation.

## SPORTS DESK

### VOLLEYBALL

#### **CORPUS FEEDER SCHOOL TOURNAMENT:**

Our Boys and Girls Volleyball Teams will participate at the Corpus Christi Feeder School Tournament on Friday November 4<sup>th</sup>. The competition will be from our neighbouring schools and SHOJ will be well-represented by both of our teams at this tournament! Go Pride Go!

#### **CATHOLIC CUP:**

The Boys competed hard in the Catholic Cup on October 25<sup>th</sup> and 26<sup>st</sup>. The tournament featured Catholic Schools from all over the Golden Horseshoe. Thank you to Ms. Cornachia for coaching!

The Girls completed the highly competitive Tournament with a trip to the Quarter Finals! The competition was held on October 18<sup>th</sup> and 19<sup>th</sup> and the third place finish is most impressive! Thank you to Mr. Nurse and Miss McCallum for coaching the team!



**Congratulations for all of your accomplishments!**

## UNITED WAY- PAINT THE TOWN RED



Sacred Heart of Jesus students, parents and staff along with the entire Halton Catholic District School Board are invited to participate in the United Way Paint the Town Red Day on **Friday, November 18th**. This will be a civies day. Please plan to wear red and white and donate a toonie (\$2.00). You will be supporting individuals and organizations in our own community. Thank you for your continued support, every toonie will help!

## ECO NEWS

Our EcoTeam is excited to keep our initiatives moving! Each class has made an Eco pledge to help keep our world a healthy place. Many of our classes are working on using the bins properly. Let's continue to sort our waste the right way!





## LIBRARY NEWS – SCHOLASTIC BOOK FAIR



Sacred Heart will be hosting the Scholastic Book Fair during the week of **November 21-24**. The Fair will be held in the library. Students will visit the fair twice with their class during the week. When they first visit the fair students will fill out a wish list of items that they wish to purchase. All taxes are included in the price. They will make their purchases when they visit the Fair the second time with their class. The Book Fair offers a wide variety of books as well as other items such as posters, book marks, pens etc. **Parents are welcome to visit the Fair Thursday evening from 4:15pm – 8:30pm.** Starting this year we would like to **welcome Grandparents on Wednesday November 23<sup>rd</sup> from 9:00am -10:30am** to our special grandparent's event! Thursday evening will be the last opportunity to purchase items. The money raised will be used for the purchase of library materials for Sacred Heart. Your support is greatly appreciated.

## “SHARE THE WARMTH” PROJECT Nov. 28<sup>th</sup> – Dec. 2<sup>nd</sup>

The Liturgical season of Advent helps us to prepare and remind us of the great gift God gave to us of His only Son. We are reminded that Christmas is a time of giving of ourselves and reaching out to others to show we care.

Brrrr.... It sure gets cold out around here! Just imagine what it would be like having to sleep outside in the cold or having to go to school without warm winter gear on those real blustery days.

It is the thirteenth year that we are asking our Sacred Heart community to get involved to help families who need some help trying to stay warm in our local area, as well as lending our support to meeting some of the needs of people supported by the Good Shepherd in Hamilton. This project of reaching out and providing essential winter clothing and items for those in need, plays a vital role in helping us to put our Catholic values into action. We get involved because we care and are concerned for others in the community. By building an awareness of the needs of others, the children learn that they have the power to "do" and make a difference in the lives of other people. Truly, it is a project that lets our Staff, students and families in our community "Share Our Warmth" at Sacred Heart. Thank you to Mrs. Biggs and Mrs. Ivancak's classes who will be organizing this project as part of their "Focus on Faith" curriculum.

If possible, we encourage **new or very gently worn, clean, used items** in the way of clothing (demonstrating our respect and concern for the dignity of those on the receiving end).

We appreciate receiving any of the following donations:

- Winter coats for men, women and children
- Snow pants for all ages
- Warm mitts, gloves, hats and boots (fastened together)

All donations can be dropped off in the front hallway of the school from **November 28 – December 2<sup>nd</sup>**. In order for the families to receive these much needed items before Christmas, please note the early wrap up date for this project at our school. We **THANK YOU** for your kindness and generosity on behalf of the children and adults who will receive your donations.

## WHAT TO DO IF YOUR CHILD HAS HEAD LICE (PEDICULOSIS)



Should you discover that your child has head lice (Pediculosis), **PLEASE KNOW THAT THEY MUST REMAIN AT HOME UNTIL TREATED AND RE-CHECKED FOR CLEARANCE by We Care or a doctor. You must also notify the school immediately.** Upon notification we will advise WE CARE so that they can come in to do a thorough check of the class. All children with a confirmed case of head lice will also need to be treated and rechecked before they can be readmitted to school. You may call WE CARE @ (905) 507-6562 or 1-855-507-6562 to find where the nurse is working or visit a doctor in the area. They will provide you with a clearance note which is required by the school for re-admittance. Should you have any questions regarding the treatment procedures, please contact WE CARE directly. Your co-operation in following these procedures will help to minimize the number of cases we have. Parents can also access information on Pediculosis (Head Lice) at <http://www.halton.ca>.

### HOW TO PREVENT SPREAD OF HEAD LICE:

- ☐ Check your child's hair carefully once a week for lice and eggs. They are hard to see.
- ☐ Teach your child to brush/comb their hair every night.
- ☐ Braid long hair or put into ponytail (may be helpful).

**WHAT ARE HEAD LICE?** Head lice are tiny, wingless, grayish brown insects which live and breed in human hair. They move quickly when you part the hair and are hard to see. The eggs are half the size of a pinhead, (.08 mm), oval in shape and grey to brown in colour. The tiny eggs are glued firmly to the hair. Newly laid eggs are very close to the scalp. The warmth at the scalp will hatch them in about 7 – 10 days.

## HEALTHY SCHOOL DESIGNATION



Sacred Heart of Jesus has again registered to be a healthy school through the Ophea "Healthy School Certification" initiative. In order to achieve GOLD status as a healthy school for the second consecutive

year, we have identified the promotion of healthy eating as a major goal as well as the importance of daily water intake. As part of this initiative we are trying to eliminate the amount of processed and unhealthy food coming into the building. Parents are asked to please limit the dropping off fast-food lunches at noon. We appreciate your support in promoting a healthy lifestyle for children. Also, please allow your child to have a refillable water bottle to keep here at school. Thank you.



### Community and Parent Partners for Kids

#### Understanding Mental Health Issues and Nurturing Positive Mental Health in Our Youth

Guest speaker: Dr. Jane Storrie

Dr. Jane Storrie is a Burlington-based psychologist and founding partner of Storrie, Velikonja and Associates, a full-service psychology practice. She also offers three multi-disciplinary specialty clinics providing assessment and treatment of child and youth mental health issues, concussion and dementia.

In this fast-paced and plugged-in world, our children seem to be increasingly struggling with mental health issues. This presentation will:

- provide information about how to promote positive mental health in youth;
- introduce common mental health issues affecting youth;
- help parents understand when they should be concerned; and
- explain how to find professional support and services.




Date: **Tuesday, November 15, 2016**  
Time: 7 to 8:30 p.m., community displays are from 6:45 to 7 p.m.  
Location: Gary Allan High School/New St. Education Centre

3250 New Street, Burlington

Admission is free, but, donations toward future speakers will be gratefully accepted.

For more information visit [halton.ca/capo](http://halton.ca/capo) or dial 311

 English-speaking American Sign Language interpreters are available upon request. If you wish to use this service at this event, please contact Halton Region by Tuesday November 1, 2016.

In the event of poor weather conditions, please dial 311 for cancellation information.



## SEAC SOUNDBYTES

*Raising awareness of the Special Education process at  
HCD SB*

*November 2016*

### WHAT IS AN IPRC?

The **I**dentification, **P**lacement and **R**eview **C**ommittee, "IPRC" for short, is a committee which determines whether or not a student can be identified as "exceptional", according to Ministry definitions.

Categories of exceptionalities include behaviour, communication, intellectual, physical or multiple.

The IPRC meeting can be initiated either by the school or parent, if either party feels that the student could benefit from special education programming. Parent requests should be made in writing to the Principal of the school. Schools are required to convene an IPRC in response to parental requests. The IPRC will decide whether the

student is an exceptional pupil and, if so, what type of educational placement is appropriate. The IPRC process also determines the appropriate classroom placement for the student, based on their strengths and needs which are outlined in the student profile. On the basis of these discussions, the IPRC can recommend the special education programs and/or services that it considers to be appropriate for the student.

Parents are encouraged to attend all IPRC meetings and the school must make every effort to accommodate the parent's availability when scheduling the meeting. Parents are encouraged to provide their input into developing the student profile and recommending the appropriate placement for their child as parental input is a very important consideration in the process. All students identified as exceptional through this process must be provided special education programming to be outlined in an Individual Education Plan (IEP).

The IPRC meets annually and while parents have the option to waive the meeting, it is a good opportunity to touch base with your child's Special Education team.

Parents have the right to an appeal if they do not agree with the IPRC's decisions. More information can be found in the Parent Guide, available at your school office or on the Board website.

<http://www.hcdsb.org/Programs/SpecialEducation/Pages/default.aspx>

## NEW HALTON ONLINE POLICE CHECKS

There is no need to tell you how busy the start of a new school year is. If your fall plans include volunteering, you will likely need to complete a Police Record Check on top of it all. That's where we step in to make things at least a little easier.

**As of September 6, 2016, residents of Halton aged 21 and older can apply for Police Information Checks and Police Vulnerable Sector Checks for employment and volunteer purposes online 24 hours a day, seven days a week without having to attend one of our police locations.**

Here's how it works:

☐ Visit our website: **[www.haltonpolice.ca](http://www.haltonpolice.ca)**. Click on Services -> Police Record Checks.

☐ Complete each field of the application form. To verify your identity, you will be asked a series of authentication questions based on your personal credit file. Answers to the questions are timed to ensure added security and privacy.

☐ In addition to the standard \$25.00 processing fee, a convenience charge of \$9.95 plus HST will be added to each Police Record Check.

□ If there are no concerns or follow-up required, the requested police screening documents will be mailed directly to you.

Those under the age of 21, who have lived in Canada less than one year, who have no established personal credit history, or who do not wish to pay the convenience fee can still attend Halton Regional Police Service Headquarters at 1151 Bronte Road in Oakville or any District within the Region to obtain a background check. Locations and hours of operation are available on our website under *About Us -> Locations*.

We are excited to make this service available to you and family. For more information, visit **[www.haltonpolice.ca](http://www.haltonpolice.ca)** or call 905-825-4747 ext. 4712.