

# ASN

## COMMUNITY PRESENTATION FOR YOUTH AND FAMILIES

Navigating mental health supports and services shouldn't be overwhelming...

Is your child/youth experiencing mental health challenges?  
Not sure where to look for support?



Access and System Navigation (ASN) at ROCK was created to help simplify the process and connect children, youth, and families with community-based mental health support and services in Halton with [One Call, All Access](#).

To learn more about:



How to access mental health services for your child/youth



Service and program offerings available within the Halton Region



What to expect during the intake process

## JOIN ASN VIRTUALLY TO LEARN MORE!

WEDNESDAY  
NOVEMBER  
3

Topic: ASN Community Presentation for Youth and Families  
Time: 7:00-8:00pm  
Zoom: <https://us02web.zoom.us/j/89118870163>  
Meeting ID: 891 1887 0163

Please feel free to send us any questions or queries you have about ASN in advance so that we can ensure to speak to them during the presentation to [navigation@rockonline.ca](mailto:navigation@rockonline.ca).



One Call, All Access for Child & Youth Mental Health

289-266-0036